Two years PO PKR swelling , anyone else have this happen ? $_{\tt Escrito\ por\ LarryWalker\ -\ 24/04/2018\ 10:21}$

Hi,

I am just about two yearsPO PKR . Is is possible to have swelling after two years ? I think I may have done too much - lot of stairs over and over (not exercising just doing things) and now I am so swelled and just got on vacation at the beach with my kids and grandchildren. I started iceing and taking iboprofen again . I'm fairly good in the morning by end of day I'm a mess again with swelling .Anyone have this happen this far out ?

Please help.

I didn't find the right solution from the Internet.

References:https://patient.info/forums/discuss/two-years-po-pkr-swelling-anyone-else-have-this-happen--653061 ICO Marketing Campaign

Thanks
